



## Where to have your Social Six braces fitted

Last week I wrote about the new Social Six braces — the six month brace. There was a lot of interest from readers about this article with people wondering where they could go to have the Social Six braces fitted.

At present and to the best of my knowledge the best place and most recommended is the **Seapoint Clinic**, Blackrock, Dublin. The numbers to call are 01 2842570 or 01 2140566. There is also a clinic in Rathfarnham specialising in Social Six braces and the number there is 01 4950070. While on the subject of teeth I came across this quick fix teeth whitening from Pearl Drops called Instant White over the weekend. This little gem looks like a lip gloss for all the world, costs €11 and is almost like a concealer for teeth.

Simply brush on to leave a bright white veneer that dries in seconds. With its cute applicator, you can fit it into your handbag and touch up your smile at anytime, in any place. I must point out it's not going to work miracles and if your teeth are badly stained Instant White won't make a big difference.

The product is more suited to those who have white enough teeth but just need that extra perk. I would recommend using the Instant White for special occasions, ie. for wedding and debs etc.