



limerick lifestyle

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A great smile is always in fashion at Seapoint

Recently I visited one of Ireland's leading cosmetic dentistry destinations in Dublin's **Seapoint Clinic**, and was very impressed with the facilities, staff and service. "A great smile is always in fashion" according to the clinic's Dr. Thomas Linehan, "A smile makeover gives people confidence, and the difference in facial appearance is instant and quite remarkable."

Leading Clinic in Cosmetic Dentistry

The Seapoint practice specialises in innovative treatments and services, with the business developed around patients' needs, and their comfort and convenience. Seapoint opens early morning, late evenings, lunchtime and Saturdays. There are TVs, music players and reading material in treatment rooms, and, with all of the latest equipment and treatments available, the normal stress associated with visits to the dentist is removed.

The Blackrock practice offers a range of the latest cosmetic dentistry techniques including Zoom! one-hour teeth whitening, "invisible" braces, and the very realistic da Vinci porcelain veneers, which are guaranteed for life against fracture. Seapoint was also the first clinic in Ireland to offer braces which straighten your teeth in just six months. Sedation is available for those who are anxious or who are undergoing lengthy or difficult procedures, and painless injections are also used to make the dental experience as easy as possible.

Online chat-room forums are regularly scheduled by The **Seapoint Clinic** team, so prospective patients can discuss treatments before visiting the clinic. Open evenings are also held allowing patients to see the clinic, meet the dentists and discuss treatment options before they commit, which, according to Dr. Linehan promotes patient confidence and ensures the treatment they receive perfectly reflects their individual need. "Developments in dentistry are making treatments better, quicker, easier and more cost-effective, and we constantly challenge ourselves to deliver a state-of-the-art service. We opened The **Seapoint Clinic** as a Centre of Dental Excellence, and we are happy that we are meeting our aim of taking care of every dental need, in one place, both with highly qualified dental professionals, and the most advanced technology."

New Teeth Implants in One Single Visit

New teeth in a single day is now a reality with the **Seapoint Clinic** in Blackrock. Patients needing implants can arrive at 9am and leave at 5pm with

a complete jaw of implants in place, rather than the normal course of three to four treatments over several months.

Only one local anaesthetic is needed, and because The **Seapoint Clinic** has a full dental laboratory on-site, patients save time and avoid the stress and inconvenience of frequent visits and staged treatment. CT scanning and 3D software is also used, rather than a basic x-ray, to recreate the patient's true anatomy when designing their new implants. Implants are already a popular treatment at The **Seapoint Clinic**, according to Dr. Linehan, who heads up Cosmetic Reconstruction and Implant Dentistry at the practice. "Dental implants are the closest thing to a natural tooth. They look and feel realistic and, importantly, they preserve the jawbone, so the patient's face retains its normal shape as they age. Implants also promote better nutrition and overall health, as people can chew and absorb their food normally" says Dr. Linehan.

People of any age can have dental implants, as long as they are medically fit; anything from a full jaw of implants to a single tooth replacement. The practice also offers standard treatments like bridges and crowns, where just some replacement teeth are needed. 'Mini implants' are also available, for people using dentures; a unique, minimally invasive procedure using titanium implants, that only takes an hour. The implants firmly fix dentures in place, allowing patients greater confidence as well as scope to comfortably eat and chew any foods they choose. For more information visit www.seapointclinic.ie or telephone 01-2842570.