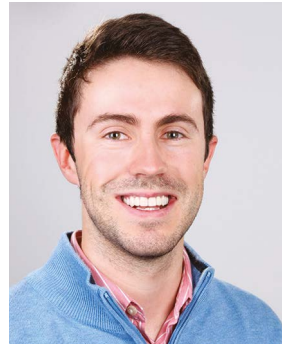


COSMETIC DENTISTRY

Bringing Life to your Smile



by the Dentists at Seapoint Clinic

INTRODUCTION

Maybe you've considered Cosmetic Dentistry, but had too many doubts or unanswered questions to take the first step. We've heard them all, and hope to put your mind at ease with this basic guide. We'll give you the answers to common questions like: My teeth aren't that bad, do I really need Cosmetic Dentistry? How much of a difference would it really make? How will my smile look? Is it worth the investment? All of these are great questions to ask when considering transforming your smile with veneers. Whether a dentist recommends a single veneer for a broken tooth or full mouth reconstruction, it is important to understand the process and ensure you're getting a quality product. Your smile is the first impression you give, and beautiful teeth can give you the confidence to blow them away with a smile.

BIOGRAPHY

Seapoint Clinic has a number of highly skilled surgeons and dentists who have undergone extensive training all over the world. We are very selective about who we allow to work in the clinic as we are a clinic run by dentists. We believe that it is crucial for each dentist to have the right attitude towards patients. We only want dentists who are empathetic to our patients and who want the very best for them. Our selection process for our dentists therefore includes the academic aspects but is also about the person being right for you.

We ensure that we only have dentists working here that we would allow to work on our own family. The best training in the world is available from the Misch Implant Institute in Detroit. It is provided by the writer of the largest selling dental implant book in history – Dr Carl Misch. Each dentist in Seapoint has demonstrated their commitment to the field by undergoing training in this prestigious facility.

The training itself takes place over 2 years and involves approximately 10 trips to the USA. There is a serious financial and time investment made by our dentists to ensure they are the best in their fields.

SEAPOINT

The Seapoint Clinic was established in 2007 to cater for the growing need for cosmetic dentistry in Ireland. It was created to provide a professional team for cosmetic dentistry all under one roof. Up until that point most cosmetic implants were placed and restored in different dental practices. This meant uncertainty about the fees charged and difficulties moving between practices. If there was a problem, people didn't know where to turn to.

The technology for cosmetic dentistry was also changing and Seapoint Clinic wanted to lead from the front. We were the first clinic in Ireland to operate its own CT scanner outside of a hospital. For patients, this meant fewer complications and more accurate pricing. Another unique idea was to have a laboratory on site. This meant for patients greater convenience. Instead of taking teeth out and being left a few days without them we offered immediate teeth replacement. Seapoint also pioneered procedures such as 'Teeth in a Day' where implants could be placed and fixed teeth made in one visit. This is suitable for some patients who need teeth for a particular event or who cannot tolerate wearing a denture even for a few months.

Click-Tite dentures have also revolutionised the lives of many people in Ireland. Instead of a loose denture causing problems eating and enjoying food, implants could secure a denture giving comfort again. They say imitation is the best form of flattery and many have tried to copy aspects of the Seapoint success.

We have been happy to share our knowledge with other dentists from the start and have trained dentists in techniques including arranging seminars for international companies in the clinic. What cannot be copied however is the unique blend of experience, technology, quality and customer service that we offer day in day out. Our team are constantly retraining themselves on the latest techniques. We are happy to share our knowledge with others as we are constantly improving what we do and how we do it.

At Seapoint you can be confident in the hand-picked team looking after you. Everything we do is done to give you a good experience and dentistry that lasts.

WHAT IS COSMETIC DENTISTRY?

From subtle changes to major repairs, we can perform a variety of procedures to improve your smile. There are many techniques and options to treat teeth that are discoloured, chipped, misshapen or missing. We have the skill and technology to reshape your teeth, close spaces, restore worn or short teeth or alter the length of your teeth. Common procedures include whitening, white filling, crowns, veneers and Six-month or Invisalign Braces.

WHITENING

Bleaching is a common and popular chemical process used to whiten teeth. Some people get their teeth bleached to make stains disappear, while other just want a whiter shade.

BENEFITS

A dazzling, white smile is the hallmark of professional teeth whitening. When you choose bleaching treatments, the results are beautiful and natural-looking. Many times the treatment can make you look significantly younger and healthier.

IMPROVED CONFIDENCE

The benefits of teeth whitening extend beyond your appearance. In-office or takehome whitening treatments have both physical and emotional effects. Your whiter smile can positively affect other people's perceptions of you, as well as your own self-esteem. The procedure is meant to accentuate your facial features and natural beauty. With your whiter teeth, you may be more willing to smile and laugh in public. In turn, this can have important benefits for your professional and social life.



QUICK RESULTS

Whether you choose to undergo treatment in the convenience of your home or the comfort of your dentist's office, teeth whitening is a quick and convenient way to brighten the natural pigmentation of your teeth.

Professional take-home systems allow you to whiten your smile at your own convenience. Typically, you will use an in-home system over several weeks.

However, in some cases, you may require longer treatment to achieve optimal results.

Through in-clinic, doctor supervised treatments, you can achieve a whiter smile in as little as an hour. Clinic treatment often has slightly more dramatic results than at-home care; in some cases, it can lighten your teeth by up to eight shades in an hour.

SAFE AND NON-INVASIVE

Bleaching is one of the most non-invasive cosmetic dentistry procedures on the market. Therefore, the treatments is a wonderful option for patients with dental anxiety, as well as those who want to avoid lengthy treatment. It is also more affordable and far less invasive than other cosmetic dentistry procedures, such as crowns or porcelain veneers.

RISKS

Teeth whitening has very few long-term risks. Nevertheless, if you are considering using whitening products, whether professional-grade or over-the-counter, consult your dentist first. When a dentist is aware of pre-existing conditions and your dental health history, he or she can take steps to minimize potential damage.

Though rare, the risks of teeth whitening include:

- Permanent gum or tooth sensitivity
- Damage to your dental roots
- Enamel erosion
- Uneven results
- Damage to the mucous membranes in your mouth

Minimizing Your Risks

Typically, whitening-related damage results from over-whitening, improper use of whitening agents, unsafe concentrations of peroxide, or problems with the protective seal over your gums. To minimize your risks, choose professional whitening treatment, performed by an experienced cosmetic dentist. Follow your practitioner's instructions precisely, and never perform extra whitening treatment without your dentist's approval.

Teeth Whitening Addiction

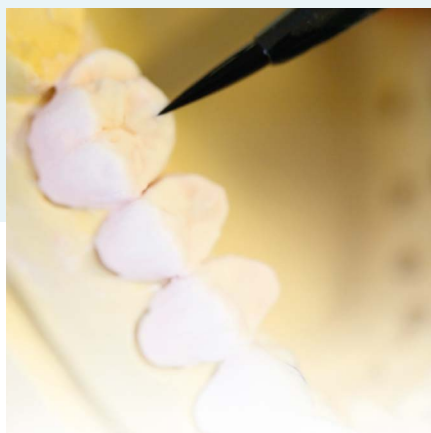
With the advent of at-home treatment options, teeth whitening addiction is a growing problem. Patients with this addiction, sometimes referred to as "bleach-orexia," never feel that their smile is white enough. As a result, they continually whiten their teeth without the approval of their dentists. Sometimes, they will visit several dentists, hiding their past whitening treatment from each practitioner. In other cases, they will use over-the-counter whitening products, many of which contain unsafe levels of peroxide. Eventually they strip away the enamel from their teeth. They may also have chemical burns on their soft tissues.

They may even have irritated sinus passages from constantly breathing in the bleach fumes. Again, these risks are rare, and they are typically associated with over-whitening or improper whitening.

WHITE FILLING

Fillings are one of the most common

methods of restoring teeth. They fill a hole in the tooth that has been caused by decay, playing an important role in helping us to keep a tooth for many more years. We use the most effective, modern, tooth-coloured materials. Unlike the more traditional grey amalgam fillings, the tooth-coloured ones look very natural, so no-one will be able to tell you have them.



Benefits

When a new cavity needs filling, the vast majority of patients now choose tooth-colored composite fillings. White fillings are made of composite resin and serve to fill cavities just like silver amalgam fillings. However, white fillings are matched to the color of your teeth and are virtually invisible. Tooth-colored fillings have become more popular over the years. As the availability of white fillings has increased and the possible dangers associated with amalgam fillings have been publicized, more and more patients are having their cavities filled with beautifully white, tooth-colored fillings.

Risks

The dental fillings procedure is associated with few side effects and risks. Some patients may experience sensitivity to cold and hot foods, and pain when chewing for a few days after treatment.

CROWNS

Crowns, also known as caps, cover a tooth to restore it to its normal shape and appearance. Unlike dentists who use crowns containing metal, we use Cerec (Metal-Free) Crowns. They are made entirely from porcelain which means they will never corrode and cause the problems with dark lines.



Benefits

Aesthetic Benefits

In addition to restoring the tooth, many dental crowns provide a cosmetic appearance. Obviously, stainless steel and metal crowns have a noticeable look within the mouth, but tooth-colored crowns can provide instant aesthetic improvements. In fact, some dentists use crowns as a cosmetic dentistry treatment.

The aesthetic benefits of crowns include:

- The natural balance and symmetry they can restore to a smile, especially if the tooth involved is particularly prominent or severely damaged.
- Dental crowns can immediately whiten and straighten the tooth, since the crown covers any imperfections. In addition, porcelain is typically stain-resistant, preventing future discoloration with proper care.
- While it depends on the specific material used, most tooth-colored crowns are relatively durable, minimizing the risk of future chipping or cracking.
- Implant-supported crowns and bridges often provide an improved appearance over traditional restorations for missing teeth because they are less likely to shift and behave more like natural teeth, since they are attached to a synthetic root.

These restorations can prevent you from feeling less embarrassed of or self-conscious about your smile while also improving your dental health.

ORAL HEALTH BENEFITS

Crowns fortify a damaged tooth to prevent further harm and improve your overall dental health. The oral health benefits of dental crowns may include:

- Alleviated discomfort
- Increased chewing ability
- Improved support
- Decreased wear on other teeth
- Stronger jawbones
- Easier dental hygiene

You may experience additional oral health benefits from your dental crown based on your particular diagnosis and circumstances.

RISKS

The risk of complications can be greatly reduced by undergoing treatment with an experienced, reputable dentist. Though the risk is low, the following complications can occur:

- Nerve damage
- Increased sensitivity
- Tooth decay
- A dark line over the gums
- Dental or periodontal infection
- Future replacement or repair
- Crown displacement
- Damage to opposing teeth

Your dentist will further cover the risks of your procedure at your initial consultation.

VENEERS

Veneers are thin pieces of porcelain or plastic

placed over the front teeth to change the colour or shape of your teeth. Veneers are used on teeth with uneven surfaces or are chipped, discoloured, oddly shaped, unevenly spaced or crooked.

Benefits

Aesthetic Benefits

Few cosmetic dental treatments offer the comprehensive results and aesthetic benefits that veneers can provide. In a single treatment, veneers can correct surface flaws such as chips and cracks. As mentioned above, they can also conceal dark tetracycline stains, which cannot be treated with traditional teeth whitening procedures. Veneers can also change the shape of teeth, often making these enhancements an ideal solution for patients with proportionately small, worn, irregularly shaped, or pointed teeth.

Veneers and Light Reflection

Natural dental enamel is translucent. Light shines through this layer and bounces off the underlying dentin, giving smiles their healthy sheen. Dental porcelain is also semi-translucent, meaning that light reflects off of the restorations just as it does off of dental enamel. Thanks to the highly customized fabrication process described above and the way light interacts with the restorations, porcelain veneers are virtually indistinguishable from enamel. Patients can enjoy a thoroughly enhanced but completely natural smile.

Increased Confidence and Happiness

One of the biggest advantages of porcelain veneers is the effect they can have on a patient's self-assurance and emotional wellness. When patients feel good about the appearance of their teeth, they are more likely to smile. In turn, this can increase their mood, social life, and even professional success. Multiple studies have proven that smiling directly impacts emotion; a landmark study conducted by Dr. Robert Zajonc in 1989 found that even a forced smile could actually make people feel happier. Zajonc theorised that when people activate the muscles needed for smiling, it actually raises the temperature of blood travelling to the brain. In turn, these higher temperatures stimulate the parts of the brain that control emotion. Not only are veneers a great investment in a patient's appearance, they could also be an investment in their overall wellbeing.

ORAL HEALTH BENEFITS

The primary benefits of veneers are cosmetic; however, there are several ways that they can boost overall dental health. First, they can lend some strength to damaged teeth. Patients should note, however, that veneers cannot restore a severely damaged or weakened tooth. In these cases, a dental crown will provide better protection for a patient's oral health.

ENCOURAGING ORAL HYGIENE

Veneers can also promote good dental hygiene. When patients have a beautifully enhanced, natural smile, they are more likely to practice outstanding care and maintenance. At their initial consultation or at any time during the placement process, patients should ask their dentist about the best way to care for their veneers and protect the underlying teeth.

HEALTH ADVANTAGES

over Other Dental Procedures

Although veneers typically require some enamel removal, this procedure leaves the majority of the tooth structure intact. In contrast, to place a crown, a dentist must reshape the entire tooth, removing a significant amount of dental material. For patients looking for a more conservative option with minimal tooth modification, veneers may be the ideal alternative.



RISKS

As with any medical treatment, there are some risks associated with the placement of porcelain veneers. For the most part, these risks are minor and quite rare.

Tooth Sensitivity

Veneers are considered a very low-risk treatment. However, as with any medical or dental procedure, there is some chance of complications. Because this treatment often involves enamel removal, the biggest risk is that a patient will experience permanent tooth sensitivity, especially to hot or cold temperatures. Typically, if sensitivity lasts for more than 3 to 6 months after veneers placement, this indicates an underlying problem with the procedure. For example, the dental cement may be leaking or the nerve may have been exposed and infected during placement.

Dental Damage

There is also a slight risk that the underlying dentin may become damaged during the enamel removal process. Alternatively, a poorly fitting veneer could change the alignment of a patient's bite, leading to dental sensitivity, discomfort while eating, or, in more extreme cases, bruxism and jaw pain.

Future Replacement

Although veneers can last several decades, they must eventually be replaced, and the second placement process will involve another round of enamel removal. Those who already have some enamel erosion before their first treatment may not have enough material for a second placement. In these cases, they will require an alternative restoration such as cosmetic bonding or a dental crown. Patients should discuss their replacement options before receiving their first set of veneers. If they are not willing to consider alternative treatments in the future, they should not choose a procedure that will permanently alter their teeth.

Minimizing the Risks

As stated above, veneers are considered to be a very safe dental treatment, and there are several things that patients can do to further reduce their risks. First, they should be cautious when choosing their cosmetic dentist, following the guidelines listed above. By reading reviews from past patients, they can determine whether a particular dentist has a history of case complications. Second, if they are truly concerned about dental sensitivity or the permanent nature of veneers, patients may opt for no-prep veneers. Because they require little enamel removal, if any, the risk of sensitivity is lower. Patients should be aware, however, that some dentists believe no-prep veneers look less natural than traditional veneers.

SIX MONTH BRACES

Six-month braces are the most popular braces at the Seapoint Clinic and we have more experience of this amazing treatment than any other dental practice. These braces usually involve treating the front teeth only and the goal is to give the patient a great smile.

Benefits

- Six Month Smiles® uses advanced and discreet materials that are nearly invisible
- The treatment time for Six Month Smiles® is considerably shorter than other teeth straightening treatments
- Six Month Smiles® is generally less expensive than other teeth straightening options
- Six Month Smiles® uses a much lower force when moving your teeth, so your discomfort is minimal



INVISILIGN® BRACES

Invisalign® involves wearing a set of customised clear aligners. They allow you to brush as normal and to eat whatever you want during treatment. The average treatment time for this is about a year but can be faster where fewer movements are needed.

These improvements are not always just cosmetic. Many of these treatments can improve oral problems, such as your bite.

Benefits

Invisalign® has gained significant popularity in recent years because of the many advantages it offers over conventional orthodontics. Traditionally, achieving a straighter smile required affixing a system of brackets directly to the outer surface of the teeth, and gradually placing more tension via wires connecting those brackets.

Though certainly effective, the metal hardware can cause patients to feel self-conscious about the appearance of their smiles. The most obvious advantage of Invisalign® is that they are virtually invisible to those around you. Instead of metal hardware, Invisalign® relies on clear plastic mouthpieces to straighten your smile. However, there are other significant benefits that make them an option worth considering.

A Straighter Smile

As with traditional braces, the objective of Invisalign® treatment is a straighter smile that looks great and is easier to clean. Invisalign® is proven to deliver these results in a wide variety of cases when the patient uses them as directed.

No Food Restrictions

Traditional braces make cleaning your teeth more difficult. The brackets and wires can also become damaged if you hazard to eat hard or sticky foods. Invisalign® mouthpieces, on the other hand, are removable, allowing the patient to continue enjoying the foods they love, and cleaning their teeth afterwards with no more difficulty than they had before undergoing this orthodontic treatment. Invisalign® should be worn at least 22 hours a day – but that gives you an ample two hours each day to enjoy any foods you choose, and subsequently brush and floss all traces of them from your teeth.

Comfort

Ask anyone who has worn braces, and they can tell you that metal brackets and wires aren't exactly the most comfortable materials you can choose to press against the soft tissues of your mouth. Invisalign® mouthpieces are custom-made from smooth plastic, eliminating this trademark of traditional braces. Anyone who enjoys participating in contact sports such as football and soccer may find Invisalign® to be an especially attractive choice. That's because although a variety of injuries are always a risk involved with these activities, damaging the insides of your mouth with a blunt metal edge isn't one of them.

Effectiveness

Not everyone is a candidate for Invisalign®, but this treatment has been proven to be equally effective as traditional braces in treating a wide variety of conditions, including underbite, overbite, crowding, crossbite and wide spacing.

No Need for a New Retainer

At the end of a period spent wearing traditional braces, patients require a retainer that is worn at night to maintain the refined alignment achieved. This, of course, involves customization and a considerable cost. With Invisalign®, most patients can simply continue wearing the final mouthpiece in their treatment series as a retainer, eliminating the need to create and acquire additional costly appliances. Depending upon your circumstances, your orthodontist may recommend having a new retainer made.



How do I know
COSMETIC DENTISTRY IS RIGHT FOR ME?

We see all kinds of people who look to improve their smile for many different reasons. We will try to work to your schedule and your budget. If you are only looking for minor changes we can also help. It doesn't have to be a full set of veneers to make a massive difference to your smile and your confidence. Our highly skilled team utilise the latest technologies and have trained in the USA and Europe. We offer uniquely personalised award-winning dentistry that is second to none.



MAINTENANCE/AFTERCARE

Following your treatment, a consultation with your dentist, oral surgeon, and/or periodontist or prosthodontist is needed. During this appointment, your dental professional will thoroughly examine the response of your oral tissue to your specific treatment. This may involve X-rays and computer tomography scans (CT scans) to ensure everything is healing properly.

Based on the condition of your oral tissues, oral hygiene and personal habits, and commitment to follow aftercare treatment plan. Some patients with insufficient bone or gum tissue require bone or soft tissue grafts and/or the use of small diameter implants (also called mini implants).

Depending on your situation, your dental professional will advise you of how long the entire treatment process will take, how many appointments will be necessary and what you can expect after each procedure. During the consultation, options for local anesthesia (to numb the affected and surrounding areas) and sedation dentistry, if necessary, also will be discussed.

DO I NEED A CT SCAN?

Dental CT Scans help your dentist determine whether you are a good candidate for a cosmetic treatment. This can save you an unnecessary operation. Because the study tells your dentist a lot more than conventional x-rays, it helps him or her better prepare for your surgery. A Dental CT Scan means your dentist will know the exact location of anatomical structures, such as the contours of the jaw bones before surgery. This means that there are virtually no surprises when your dentist performs your surgery. That means less operating time, and fewer complications for you. By getting this X-ray for you, your dentist is providing you with the very best possible care.

WILL THERE BE COMPLICATIONS?

Unfortunately, the human body isn't perfect and neither is any medical procedure. That goes for dental-cosmetic procedures too. The track record for successful dental surgery is impressive. Still, there are a number of potential complications that you should be aware of prior to having the work done, and afterwards.

While modern medicine has greatly reduced the risk of infection during a surgery, it still exists, for the simple fact that bacteria live everywhere, especially in your mouth. Millions of bugs live in every drop of saliva. Most of them are considered good bacteria but some are not, so if a nasty bacterium establishes itself in a healing area, it can delay that healing or prevent it entirely. This can mean a delay to your treatment. Nearly all procedures that are reversed can be dealt with ease. Thankfully, this is a very uncommon occurrence. This highlights the importance of routine oral maintenance, such as brushing, flossing and regular dental check-ups. Taking all of your prescribed tablets and mouthwash is also very important. Good dental hygiene is critical in keeping infection at bay. Non-smokers and people with good oral hygiene habits put themselves in a much better position for a full and fast recovery. Smokers will typically be encouraged to stop smoking beforehand to improve the odds of successful surgery. If properly constructed and cared for, most dental cosmetics have the potential to last a lifetime.

TEN THINGS YOU NEED TO KNOW

ABOUT COSMETIC DENTISTRY

Cosmetic Dentistry is therefore an important investment in the future of your smile. And, like any investment, you'll want to do a little research before making a final decision. These guidelines can help you choose the practitioner who's right for you.

01. Check your Dentist's credentials

Your Dentist should also be licensed through their provincial dental board and a member of the Irish Dental Council. Unlike other dental specialties (Oral surgery, Orthodontics, or Endodontics, etc.), cosmetic dentistry is not recognized by the Irish Dental Council as a specialty. However, cosmetic dentists can receive postgraduate training through a number of organizations, so be sure to ask your dentist where he or she has sought their additional training in cosmetic procedures.

02. Investigate your Dentist's training

The best cosmetic dentistry practitioners didn't just go to dental school; they also completed extensive post-graduate training programs that focus specifically on issues of cosmetic dentistry. In addition, the best dentists regularly attend continuing education classes and seek out multiple postgraduate designations – this allows them to stay up-to-date on the very latest clinical procedures and materials. Ask your Dentist how many CE hours he or she has accrued in the past 3 years. The minimum number of CE hours in British Columbia for re-licensure is 99 CE hours, so IF your Dentist is serious about his or her postgraduate training, they will have accumulated many more than the minimum. Your Dentist's commitment to regular CE is a very good indicator of just how seriously he takes your oral health.

03. Start with a consultation

Going in for a consultation is a great way to learn more about a dentist and their dental practice. Consultations are generally inexpensive and are sometimes even offered for free. Talk to the dentist before you commit to anything. If you are considering extensive crown and bridge work, then often times an experienced cosmetic dentist will provide you with a wax or computer mock-up of what your teeth could look like after the procedure. A visual "before and after" is often times very helpful to the patient in rendering his or her decision to proceed.

Remember, you should be given the tools and information necessary to make an informed and educated decision.

04. Look for smile design experience

Cosmetic dentistry is as much art as it is science. In general, the more smiles a dentist has designed, the better that dentist's work will be. Smile design is about more than just your teeth; the dentist should also consider your lips, gum line, mouth shape, facial structure, and symmetry.

05. Communication is key

It's essential that you be able to talk to your dentist – and that your dentist will listen to you! There's a lot of dialogue that needs to go into an individual long-term treatment plan. If you feel bullied, pressured, or rushed, then that's probably not the right dentist for you.

06. Look at before and after photos

Take a look at the dentist's portfolio before you make up your mind. Pay specific attention to cases that are similar to yours. Make sure that the photos are of actual work done by the dentist, not just stock photos.

07. An honest Dentist sets realistic expectations

Watch out for doctors who promise more than they can deliver. You want a dentist who will tell you what can and cannot be done for your smile. You need to know how long the process will take, what you'll have to do, and any complications that could occur.

08. Whitening goes the extra mile

The vast majority of experienced cosmetic dentists will agree that the use of Dental Whitening will improve the aesthetic outcome for almost every cosmetic case, so be sure to ask the Dentist if they use Dental Whitener and if the answer is yes, then ask what type of whiteners they use and for what procedures.

09. Technology is impressive, but it's not the only thing

A dentist with high-tech modern equipment is more likely to be up-to-date on modern techniques. At the same time, however, don't let yourself be dazzled by a dentist's fancy tools; what really matters is if the dentist knows how to use them properly.

10. A good lab technician is a valuable asset

The dentist might decide on the treatment plan, but it's the lab technician who'll actually fabricate the porcelain veneers or crowns that will be gracing your new smile. Great dentists are proud of their lab technicians and the materials they use. If you decide to have a cosmetic makeover done by the Dentist, be sure to review a lab-fabricated wax-up of your new smile with the Dentist before proceeding with the finished porcelain units, as it's easy to change the shape and/or length of the teeth in wax but not so once the new crowns or veneers have been bonded permanently in place.



TESTIMONIALS

"I have to say I am delighted with the results; it was well worth the time and the effort. All I can say to anybody is, don't even think twice about it, just go ahead and do it."

- Marie, Dublin

Marie came to us enquiring about veneers, thinking this was her only option. After a discussion with Dr Altona Myers about the benefits and results that could be achieved with braces she went ahead and got them fitted. She was thrilled and very pleasantly surprised at the dramatic change they made to her smile.

"There was no pain, the staff were really friendly and I even got to watch a movie, which is a plus side to coming to the dentist. I'm absolutely thrilled with the results."

- Michelle, Dublin

Michelle also needs to keep her smile looking sparkling white working in the public eye. She chose to put her trust in Seapoint Clinic and we were delighted that she had such a great experience. Movies are just one of the few personal touches we offer at the clinic, we want to make your time here as comfortable and as enjoyable as we can.

"I've been absolutely overwhelmed by the friendliness of the staff and how helpful everybody was. It's a really cool thing to do. Get on the phone to Seapoint."

- Nicky, Dublin

When Nicky Byrne came to us he'd had his teeth whitened several years before in the USA, before we became popular here in Ireland. He knew it was about time he freshened up his smile and chose to stay at home in Ireland to have his treatment done here at Seapoint Clinic.

"Altona, Rachel and Katie are just wonderful! They gave me confidence-galore to have anything done."

- Brenda, Dublin.

Brenda was delighted to have her new smile with the placement of her new crowns and veneers. After only a few appointments with Dr. Altona Myres, Brenda's smile and confidence have been restored.



Dr. Thomas Linehan

B. Dent. Sc. (Hons) T.C.D. (2001)
Dip. Implant Dent. (U.War.)
Practice limited to Dental Implants



**Dr. Máirtín Brennan
M.Sc.**

Specialist Prosthodontist,
Masters Pros
BA B Dent Sc., MSD Indiana
University USA



**Dr. Roxana Calin,
M.Sc. (Pros)**

University of Medicine and
Pharmacy, Craiova
Prosthodontics Postgraduate
Programme, University Carol
Davila
Prosthodontist and Cosmetic
Dentistry



Dr. Adeem Solaiman

B. Dent. Sc., B.A. Trinity
College Dublin
B.S. Biology Dickinson College
(PA, USA)
General and Cosmetic
Dentist



Dr. Romaissa Slami

B.D.S. Trinity College Dublin
Cosmetic Dentist Facial
Aesthetics Practitioner



Dr Nuria Vallve

Diploma in aesthetic
dentistry.
Postgraduate degree.
Universitat Internacional de
Catalunya (UIC) 2009-2010



0 36000 29145 2



Are you entirely happy with your smile? Do you ever find you cover your smile in photographs? Do you ever look at your teeth and think your teeth aren't something you are proud of? If so cosmetic dentistry may be the solution.

Cosmetic dentistry can allow you to transform how you look and how you feel about yourself in as little as one visit. With advanced treatments you can have a beautiful smile to be proud of more easily than ever before. Cosmetic dentistry can range from a whitening procedure to full veneers or anywhere in between. You can rest assured you are in good hands at Seapoint.

Centre of Dental Excellence



23 Seapoint Avenue
Blackrock, Co. Dublin
T + 353 1 284 2570
E info@seapointclinic.ie
www.seapointclinic.ie

